

# Apollo News

**Apollo Elementary**  
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**Marla Erath, Principal**  
**Janet Randall, Lead Secretary**  
**Barbara Creek, Support Secretary**

## Important Dates

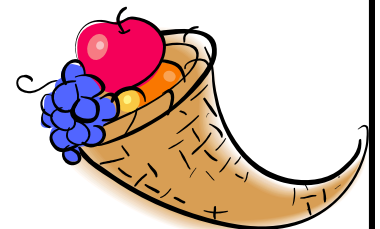
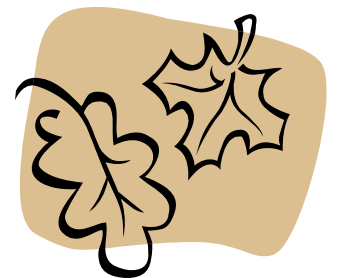
### Upcoming Events

**October 9**

Picture Day– Individual Fall Portraits

**October 19**

Vision and Hearing Screening



## *A Note from the Principal ...*

Another successful start. Thank you to all for sending such wonderful children to school. I have seen bright shining faces, happy expressions and a joy for learning. Thank you for your partnership with us in providing a quality and effective education for your children. I can hardly believe that this is my seventh year opening Apollo... time really does fly by when you are having fun!

The Apollo student/parent handbook will be making its way home to you shortly. Please read through it along with your child. Building rules as well as district policies are explained in this handbook. After reading through the information, we ask that you sign and return the attached slip verifying that you have received and read the handbook. Please keep this book in a handy place where it can serve as a resource all year. When a question about the school comes up, this guide may help to answer your question.

We are off and running with another terrific school year.

Here is to 2009-2010!

Marla Erath  
Principal

## **Bus Ridership**

**October 5-9**

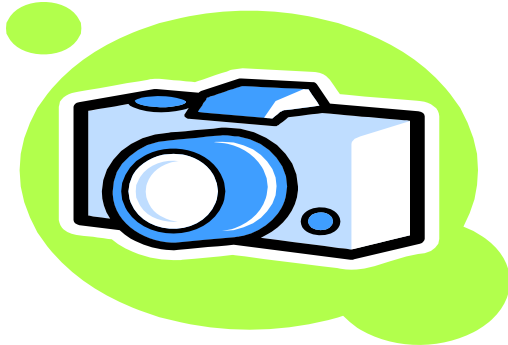
The time is coming when all students who ride the bus will be counted. This is one way funds are generated for district transportation. If your child is a child who rides the bus occasionally, please choose to send them to school on the bus during this week. Thanks for your support.



## ARRIVAL/DISMISSAL TIMES

Parents and students are reminded that school starts at 8:30 each Monday, Tuesday, Thursday and Friday with dismissal at 2:53.

**Wednesday start times will be 8:15 with dismissal at 12:30.** It is critically important that students be to class on time. Parents who drop off students should time their arrival so that students are not on campus prior to 8:20 AM. Students are allowed to enter their classrooms at 8:25 AM. **Direct supervision is not provided for those students arriving at school before 8:20 AM.** In the same vein, it is also important that parents who pick up their students **arrive at or prior to dismissal times, particularly on Wednesdays.** The office staff is not available to supervise children who have not been picked up.



## PICTURE DAY

Individual student pictures will be taken on Friday October 9, 2009. Look for picture order envelopes to arrive home soon with your children. Portraits will be printed for only those students that pay for packages on picture day.

## How to Avoid a Driving Ticket



### at Apollo

If you drive your students to and/or from school, please obey the following rules to keep all students and staff safe:

- ◇ **Students may be dropped off and picked up only in the parking lot to the west of the school.**
- ◇ **As you drive up to the school, please signal for a right turn so that the person flagging knows that you are turning right.**
- ◇ **As you leave the parking lot, please remember to stop at the stop sign and signal to turn left before turning.**
- ◇ **Be sure to keep your speed at a safe and legal level.**
- ◇ **People walking in the cross-walk have the right of way.**
- ◇ **ALL CARPOOLS we ask that you park and then escort students to the crosswalk.**

In order to help ensure that these driving rules are being followed, there will be a police officer stationed in that area periodically for that purpose.

# RECESS BEFORE LUNCH

The launch of recess BEFORE lunch has been very successful this school year. There has been positive research and support behind this schedule to a student's school day. Our students have been very receptive, playing hard at recess and consuming a quality lunch when they are done. Teachers have observed a quicker transition back to academics when they return to class and the volume in the lunchroom has naturally reduced itself. Recess and lunch this year will follow this schedule:



## Monday, Tuesday, Thursday and Friday

Who	Recess	Lunch
FDK, LRC II and 1st Grade	11:10-11:30	11:30-11:50
2nd Grade and 3rd Grade	11:35-11:55	11:55-12:15
4th Grade and 5th Grade	12:00-12:20	12:20-12:40

Wednesday looks a little different...

Who	Recess	Lunch
FDK, LRCII, 1st Gr.	10:50-11:10	11:10-11:30
2nd and 3rd Gr.	11:15-11:35	11:35-11:55
4th and 5th Gr.	11:40-12:00	12:00-12:20



PTA supported Pop Corn Fridays will occur during students PM recess times starting this school year.

**Lunch Menus** are no longer being sent home. You may get the latest lunch information by checking online at the following district website:

<http://www.issaquah.wednet.edu/family/lunch.aspx>

## Reporting the Absence of Your Child

As we move along through the school year, there may be times that your child will not attend school. Please note that any and all absences will be considered unexcused until the office staff hears from a parent or guardian as to why the child was not in school that day. You may call the office or send a note along with your child to explain his/her absence from school. A courtesy call will be made if the office has not heard from you to remind you to confirm your child's absence. Family vacations will only be considered excused if prior permission has been obtained from the principal (forms for this request are available in the office). Please refer to your student/parent handbook regarding what constitutes an excused or unexcused absence. When reporting an absence for your child, please communicate phone calls through the office versus your child's teacher. Thank you for your cooperation with the procedures of reporting absences.

## **Spring 2009 WASL Results**

WASL results from spring 2009 are available in Family Access for students who tested in grades 3-12. Families without internet access may request paper copies from the office. Forgotten log-in or password information for Family Access may be obtained from the office as well.



High school score reports, including 10<sup>th</sup> grade science scores, will be mailed home on September 16.

The Office of the Superintendent of Public Instruction (OSPI) has created one-page summaries of learning expectations for students in grades K-10 called Your Child's Progress. These summaries may be viewed or downloaded at the following link on the OSPI website.

<http://www.k12.wa.us/resources/default.aspx>

Results from the August WASL testing will not be available until November or December. This year the Measures of Student Progress (MSP) will replace the WASL for grades 3-8 and the High School Proficiency Exam (HSPE) will replace the high school WASL. **We at the elementary level are scheduled to proctor the MSP during the window of May 3– June 4.**

## **Reducing the Spread of Flu...**

The health of our children is very important to all of us. As we are sure, you have heard about the H1N1 (swine flue) virus that appeared last spring and continues. It is a public health concern that we are taking seriously. One of the most important things you can do to stop the spread of germs is to keep your child(ren) home if they're sick. Children should stay home from school at least 24 hours after their fever has passed (without the use of fever-reducing medicine).



### **Things you can do to help prevent the flu**

**Wash your hands:** wash your hands often with soap and water, especially after coughing or sneezing. Alcohol-based hand cleaners are also effective

**Cover your cough:** cover your mouth and nose with a tissue when you cough or sneeze. If you don't have a tissue, cough or sneeze into your elbow or shoulder, not into your hands

**Flu shots:** get your family vaccinated for BOTH seasonal flu and H1N1 flu (when vaccines are available)

**Make a Plan:** Plan for childcare at home if your child gets sick.

### **For more information**

**Office of Superintendent of Public Instruction:** school planning efforts and current information on dismissals– [www.k12.wa.us/healthServices/H1N1Flu.aspx](http://www.k12.wa.us/healthServices/H1N1Flu.aspx)

**Washington State Department of Health:** health information about H1N1 including current information, more on symptoms, and other resources in English and other languages [www.doh.wa.gov/swineflu](http://www.doh.wa.gov/swineflu)



I would like to personally welcome all of you and your children back to school. Please watch the newsletter over the coming months for items of interest from your school nurse, Jerri Shinn. I am the nurse at Apollo (837-7543) My e-mail is [Shinnj@issaquah.wednet.edu](mailto:Shinnj@issaquah.wednet.edu). Contact me anytime!

### **Nurses Website-District health information at your fingertips!**

The Issaquah School District Nurses have a website. Go to the district website [Issaquah.wednet.edu](http://Issaquah.wednet.edu) and select 'Student Health' from the menu on the left. Current selections under Student Health include:

- Who is your School Nurse?
- Current Health Issues
- District Health Forms
- District Health Policies
- Health Resources for Parents

When downloading forms, please be sure to read the corresponding District Health Policies.

### **Green Confidential Emergency Health Information Forms**

In your first day packets, you will find a green form titled **Confidential Emergency Health Form**. This form provides important health and safety information. The nurse and office staff refers to this form often when working with your child in the Health Room. Please complete this form as soon as possible and return it to the office. I personally review each form. Each child needs a new form every year.

### **Does your child have a major medical concern?**

If you are a parent of a student with a major medical concern such as severe food allergies requiring Epi-Pen, asthma requiring an inhaler in the office and/or carried on your child; seizures, diabetes or any other health issue requiring staff to have advance knowledge and we have not discussed the condition--please contact me immediately. Life-threatening health issues require medications and/or care plans to be in place **before** your child can start school. This provides for a safe school environment and peace of mind for you.

### **Medication for Emergency Planning – School Supply for 72 hours**

In the event of a major disaster such as a severe earthquake, schools may be responsible for the care of their students for as much as 72 hours. If your child takes **medications** (i.e. insulin, anticonvulsants, mood stabilizers, cardiac, etc.) or **eats a special diet at home**, please consider providing a 72-hour supply to be kept at school. Special forms for this purpose are available from me.

### **Daily and As Needed Medications for School**

Some students need to have medication available to them during the day at school. Common ones are asthma inhalers and medication for migraines. School staff can administer medication to your child after the **Medication Administration Form** is completed by both the parent and the Health Care Provider. If you did not receive a form at the end of the last school year, or if your child has a new condition you may find the form online at

<http://www.issaquah.wednet.edu/documents/health/ElemMSmedFORM.pdf>

Please print one to take with you to the HCP. Faxed orders are acceptable.

### **Immunizations**

This is a reminder for Kindergarten parents and parents of students in other grades new to our school this year. Please make sure your child meets vaccination requirements. If you are opposed to vaccinations due to medical, religious or personal reasons you may take an exemption by providing a signature (a Health Care Provider must sign for medical exemptions) in the appropriate box on the back of the card. If you have any questions about your child's immunization status, please check with your Health Care Provider before school begins. State law mandates that all students must be in compliance to start school.

### **Vision and Hearing Screenings**

Vision and hearing screenings are performed in the fall and are mandated by the state. Apollo's screenings are scheduled for **Monday, October 19<sup>th</sup>**. You may have your child excused from the screening by sending in a note on the day of the screening, or contacting me in advance. Every year we identify children who need glasses for distance viewing, making this a worthwhile program.

Included Community Fliers and also Legal Notices